

Just in time for Halloween comes a book that unmasks the ultimate spooky character in real life – narcissistic men who prey on the good graces of women.

October 31, 2018 (Palm Beach, Florida) From Love Trauma To Fearless Love: 7 Tango Steps for Breaking Free from Narcissists and Predators is Amazon's #1 best selling non-fiction new release title by author, therapist, and relationship coach Jianny Adamo, part fictional narrative, part instructional self help guide, Adamo's book delves into a dark and provocative tale of secrets, lies, and betrayal, unearthing the author's own traumatic experiences at the hands of a narcissist, and ultimately revealing the valuable lessons, blind spots, and red flags others can identify in hopes of side stepping the web spun by a narcissist.

With the explosion of the #metoo movement, this book is especially relevant as From Love Trauma To Fearless Love illuminates how calculating a narcissist can be and reveals profound truths about the gut-wrenching reality a woman faces when she unwittingly gets caught in a web of lies and deception. It also highlights the cycle of violence that is typical of sexual abuse for both men and women.

In From Love Trauma To Fearless Love, the protagonist Elena leaves her unhappy marriage and established personal and professional life to pursue an adventure. Vulnerable, she heads straight for the arms of Cesar, a psychopath. Their relationship plays out his fantasies while traumatizing Elena. Blindsided and broken, Elena is left to pick up the pieces while also unraveling a mystery from her past. In her darkest hours, Elena discovers the art of dancing the Argentine tango and brilliantly transforms betrayal into passion, powerlessness into fearlessness, and fear into faith.

Throughout the book, Adamo takes us on a journey of emotional and sexual recovery to help readers recognize the signs of narcissistic abuse and ultimately:

- Break free of toxic relationships
- End a relationship with a sex addict, narcissist or psychopath
- Find healing & freedom from an emotionally & sexually abusive relationship
- Heal a shattered heart
- Create Fearless Love for life!

About Jianny Adamo, LMHC, LPC

With an MA in Counseling from Nyack College, NY, Jianny Adamo is Founder of Fearless Love and a licensed therapist in FL and NJ. Jianny's work on relationships and on heartbreak appear in YourTango.com, Bride, MSN, Glamour, PsychCentral, Bustle, OnMogul and eHarmony. She enjoys dancing Argentine Tango and will dance for a cause to support victims of domestic violence and sexual abuse. Find out more about her work, visit [FearlessLove.net](https://fearlesslove.net).

Get your copy of From Love Trauma To Fearless Love: 7 Tango Steps for Breaking Free from Narcissists and Predators on Amazon here: <https://www.amazon.com/dp/1727312732>

Book image can be found here: <https://fearlesslove.net/love-trauma/>

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