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Carolyn Zaumeyer, MSN, APRN, Founder of LowTE Florida, Featured in Voyage MIA Magazine

Fort Lauderdale, FL – [June 11, 2025] — *Voyage MIA* Magazine recently featured a powerful and inspiring conversation with Carolyn Zaumeyer, MSN, APRN — acclaimed Nurse Practitioner, hormone health expert, and founder of LowTE Florida. In the feature, Zaumeyer shares the serendipitous path that led her to become one of the most recognized leaders in bioidentical hormone therapy and anti-aging care.

Carolyn's journey began in 1992 after graduating from Florida International University's Nurse Practitioner program. She was hired by an OB-GYN physician and quickly became immersed in women's health. What started as a deep curiosity about the struggles menopausal women face—both physically and emotionally—soon turned into a lifelong mission.

“That experience was the match that lit the fire of my passion for hormone optimization,” Carolyn shared in the *Voyage MIA* article. “I’ve been off to the races ever since.”

A trailblazer in her field, Carolyn was the **first Nurse Practitioner in Florida to establish and operate an independent practice**. She also pioneered the **first Nurse Practitioner-run hormone pellet therapy clinic** in the state, which evolved into what is now *LowTE Florida*—a thriving health and wellness practice ranked #1 in Florida and #2 in the nation for hormone therapy.

Through LowTE Florida, Carolyn and her team offer **bioidentical hormone replacement therapy for men and women**, along with **medically supervised weight loss programs** and **aesthetic services**. Her approach is grounded in science and fueled by empathy, having restored vitality and joy to thousands of patients who, like one grateful caller put it, felt like they had gotten their lives back.

Carolyn's newest book, *Are You Hormone Curious?*, serves as both a guide and an invitation—to anyone seeking to better understand the transformative power of hormone health. It demystifies the science behind hormone therapy, dispels common myths, and empowers readers to make informed decisions about their health.

“I’ve never let a hurdle stop me,” Carolyn says. “Whether I had to go over it, around it, under it—or knock it down—I kept going.”

To read the full feature, visit *Voyage MIA* <https://bit.ly/lowtevoyagemia>

To learn more about LowTE Florida, visit www.LowTEFlorida.com

About LowTE Florida:

Founded by Carolyn Zaumeyer, MSN, APRN, LowTE Florida is a leading provider of bioidentical hormone replacement therapy, weight loss programs, and aesthetic treatments in South Florida. With a patient-first philosophy and a reputation for clinical excellence, LowTE Florida is helping clients reclaim energy, balance, and confidence at every stage of life.